

KINGSWOOD CONNECT

Quarterly Newsletter for our community



**Wellbeing
Activities**



**Help &
Support
Services**



**Skills
Development
Courses**



**Community
Events for
Families &
Individuals**



**Police &
Community**



KINGSMEADOW @ MADEFOREVER COMMUNITY HUB



FOR ALL YOUR COMMUNITY NEEDS

Kingsmeadow @ MadeForever is the hub of the community. We are a registered charity aimed at preventing isolation, reaching out to those already in isolation and enhancing wellbeing.

We work with individuals, families and young people facing multiple challenges. We provide a range of services and wellbeing activities for everyone in our community.

Make a Donation

Make a donation today to support people and families who need K@M4E during these challenging times. The knock-on effects of Covid-19, compounded with the economic downturn, and the ongoing huge rises in the cost of living, are responsible for a huge decline in the emotional wellbeing of many people in our community.

By making a donation you can help us bring people back from the brink.

We promise you that your donation will go directly towards crisis prevention, providing essential support packages, food parcels, free hot meals, clothing, and other emergency items, as well as health and wellbeing support to provide some stability in these difficult times.

Thank you for your support.

To donate even more at no extra cost to you simply check the box during the online process to qualify this donation as Gift Aid. You must have paid UK Income or Capital Gains Tax to the value of 28% of your gift.

Answer this online survey and give suggestions about the Kingmeadow @ MadeForever Wellbeing Activities and services.

<https://www.surveymonkey.co.uk/r/8JQXTV8>

For more information contact us on 0117 301 8734
Email: info@kingsmeadowmade4ever.org.uk

Venue: kingsmeadow @ MadeForever **COMMUNITY HUB, CHARITY SHOP, GARDEN & CAFE**
Fisher Road, Kingswood, Bristol, BS15 4RQ

Facebook: [kingsmeadowmade4ever](https://www.facebook.com/kingsmeadowmade4ever) - website: www.kingsmeadowmade4ever.org.uk

KINGSMEADOW @ MADEFOREVER INVITES YOU

Kingsmeadow@
MADE-FOREVER
Changing
lives
together

HALLOWEEN PARTY

26TH OCTOBER, 4:30 - 8 PM

Raffle
Tickets
available
now



- Best Fancy dress: Adult & Child award
- Raffle tickets and prize draw
- Halloween party games
- Thriller dance competition
- Arts and crafts
- Sweet and treasure hunt
- Disco

Cafe open with drinks and hot food available
Free car parking on site
Baby changing and Disabled access

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Kingsmeadow@

MADE FOREVER

Changing
lives
together

MACMILLAN COFFEE MORNING

MACMILLAN
CANCER SUPPORT



28TH SEPTEMBER 11AM-2PM

**LETS DO WHATEVER IT TAKES TO HELP
THOSE LIVING WITH CANCER.**

For more information contact us on:

01173018734

info@kingsmeadowmade4ever.org.uk

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Skills Connect



MONTHLY INFO / ADVICE SESSIONS

Struggling to find

- **Employment?**
- **Access to further education?**
- **Apprenticeships?**
- **Paid or voluntary work?**
- **Training?**

Drop-in Sessions:
First Monday of every month
1-4pm

Skills Connect offers **BESPOKE 1:1 MENTORING** to help you take your next step in your employment journey.



Come along to our **FREE** sessions hosted at Kingsmeadow Made Forever Community Hub, to get started on your road to employment!

• kingsmeadow @ MadeForever - Community Hub, Charity Shop, Garden & Cafe
Fisher Road, Kingswood - Bristol BS15 4RQ

For more information contact us on call: 0117 301 8734
Email: info@kingsmeadowmade4ever.org.uk

Facebook: kingsmeadowmade4ever - website: www.kingsmeadowmade4ever.org.uk

Registered Charity No: 1148905

skills CONNECT

- ✓ Apprenticeship guidance
- ✓ Careers advice
- ✓ Handy job sector information
- ✓ Careers events



Discover skills, training and career support in South Gloucestershire to help you enter work, upskill, progress or understand your options.



Speak to one of our advisors who can help you find the right support.

Call
01454 864613

Visit
www.skillsconnect.org.uk

Skills Connect is funded and managed by the West of England Combined Authority, led by Metro Mayor Dan Norris, and delivered by Bath & North East Somerset, Bristol, North Somerset and South Gloucestershire. In South Gloucestershire, we deliver these services under the Skills Connect 'umbrella'.



@works4youthSG
@works4youth

Are you a school leaver, or student and need some career advice or guidance?

Come to our drop in to speak to an Employability & Skills Mentor



- Prepare for life after school
- Create a CV
- Identify and apply for courses
- Build confidence and motivation



Developing skills

Getting a job

Connecting with local employers

Overcoming barriers

Where: Skills Hub, King's Chase Shopping Centre, Kingswood BS15 8LP

When: Tuesdays 2pm to 4pm

STARTS: TUESDAY 4TH JUNE 2024 @ KINGSWOOD SKILLS HUB

Additionally, if you are post-16 and not in employment or full-time education you may also be eligible for our Works4Youth: Engaging Potential programme. For more information contact Works4Youth on 01454 865009 or works4youth@southglos.gov.uk



HELP WITH TECH



= Cafe =

THURSDAYS 13:00 - 16:00

**One to One & Drop-in
Sessions Available!**

**Do you need help
using your phone,
tablet, laptop or with
technology?**

**Are you frustrated
everything is online
these days?**



**You are welcome to our FREE
sessions. We provide support with:**

- Accessing the **NHS** online services
- Connecting with friends & family on social media
- Joining online groups or support sessions
- Emailing
- Accessing bus & travel timetables
- Online shopping
- Job searching
and more...

**Whether you have no experience or looking
to update your skills, we are here to help.**

***Just drop in for support with your queries, or
1:2:1 assistance is available if preferred!***

***Bring your own smartphone, laptop or tablet or use
one of our laptops.***

**VENUE: kingsmeadow @ MadeForever - Community Hub,
Shop, Garden & Cafe
Fisher Road, Kingswood - Bristol BS15 4RQ**

For more information contact us on call: 0117 301 8734

Email: info@kingsmeadowmade4ever.org.uk

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Registered Charity No: 1148905



Find information website for adults, children and families



Children and families
Family advice, such as childcare and education options, parenting support, and things to do



Adults
Care options for older people, including how to remain independent



Search
Connect with community groups, events and activities in your area



SEND Local Offer
Special educational needs and disabilities (SEND) services and information



Visit our website to find information and advice about services and support available for adults, children and families in South Gloucestershire. www.southglos.gov.uk/IAG

Built by South Gloucestershire Council with local partner organisations.



COMMUNITY GARDEN & GREEN SPACE

Connect with nature and enhance your wellbeing

Every Thursday
1-3pm



*Join our Community gardening
and green space activities*

For further information please contact us on
0117 301 8734 or info@kingsmeadowmade4ever.org.uk

Venue: Kingsmeadow @ MadeForever - COMMUNITY HUB,
CHARITY SHOP, GARDEN & CAFE - Fisher Road, Kingswood,
Bristol, BS15 4RQ

Facebook: [kingsmeadowmade4ever](https://www.facebook.com/kingsmeadowmade4ever) -
www.kingsmeadowmade4ever.org.uk

Charity No.1148905



PLANTS FOR SALE

Strawberries

Tomatoes

Beetroot

+ More

£3.50 Per Pot



kingsmeadow @ MadeForever - Community Hub,
Shop, Garden & Cafe
Fisher Road, Kingswood - Bristol BS15 4RQ

For more information contact us on call: 0117 301 8734
Email: info@kingsmeadowmade4ever.org.uk

Facebook: [kingsmeadowmade4ever](https://www.facebook.com/kingsmeadowmade4ever) - website: www.kingsmeadowmade4ever.org.uk

Registered Charity No: 1148905



Community Food Fund

The Community Food Fund aims to support Food Aid organisations working to help our residents to have access to food.

Community organisations can apply for funding of up to £500 per month to help fund additional food supplies or to run public food aid facilities for residents of South Gloucestershire.

Grants can be used as full or part funding or as match funding to cover the costs of food supplies, running costs and volunteer expenses.

Awards can be made to voluntary, community and social enterprise organisations and town and parish councils that have registered and been approved. Find out more about the requirements on our [grants registration page](#).

More information?

For more information on the principles of the scheme and how to apply, go to southglos.gov.uk/community-food-fund

You can email the Grants Helpline for advice on grants@southglos.gov.uk or call 01454 865865, Monday to Friday, 9am to 4pm.



Funds for Community Spaces in South Gloucestershire



Community Welcome Spaces grant funding aims to support community groups working to help our residents to keep warm this winter in community spaces. Grant funding of up to £500 per month is available to organisations who wish to provide a Community Welcome Space on a first come, first served basis.

If you have a community space that you would like to receive funding for, contact the grants team to ask for an application form.

Awards can be made to voluntary, community and social enterprise organisations and town and parish councils.

More information?

For further information please visit <https://beta.southglos.gov.uk/community-welcome-spaces-grant>

To speak to the Grants Team, call 01454 865865, or email your query to grants@southglos.gov.uk

Sounds & Wellbeing in Nature

Kingsmeadow@
MADE-FOREVER
Changing
lives
together

 **WEST OF ENGLAND
MUSIC THERAPY
& WELLBEING**

**Mondays
13:30-15:15
Bi-weekly**

**CREATE - a sound garden
CONNECT - outdoors through music
COMMUNITY - make instruments together**

**For further information please contact us on
0117 301 8734 or
info@kingsmeadowmade4ever.org.uk**

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www.kingsmeadowmade4ever.org.uk
Charity No.1148905**



WALKING WITH FRIENDS

EVERY THURSDAY

1PM-2:15PM

EVERY OTHER SATURDAY

Get some fresh air, explore the local green space area & meet new people.

Everyone is welcome!

FOR MORE INFORMATION CONTACT US ON:

01173018734

info@kingsmeadowmade4ever.org.uk

Enjoy our Forever Friends Cafe and Garden afterwards for a relaxing drink or food.

Interested? Just turn up!



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Registered Charity No: 1148905

THERE'S NO WIFI
IN THE FOREST, BUT
YOU'LL FIND A BETTER
CONNECTION



Planters for sale!

Made to order!



Large planter
(91 X 52 X 43 CM): £45

Small planter
(52 X 52 X 43 CM): £25



kingsmeadow @ MadeForever - Community Hub,
Charity Shop, Garden & Cafe
Fisher Road, Kingswood - Bristol BS15 4RQ

For more information contact us on call: 0117 301 8734
Email: info@kingsmeadowmade4ever.org.uk

Facebook: [kingsmeadowmade4ever](https://www.facebook.com/kingsmeadowmade4ever) - website: www.kingsmeadowmade4ever.org.uk

Registered Charity No: 1148905



Funds for local community projects in South Gloucestershire



Member Awarded Funding (MAF) is available from South Gloucestershire councillors to support community groups working to help our residents.

Each councillor can allocate up to £1,000 to local projects and services in their ward **before March 2025**.

If you have an idea for a project or service that will help people, [contact your councillor](#) to discuss your plans and to ask for an application form.

Awards can be made to voluntary, community and social enterprise organisations and town and parish councils.

Find out more:

You can find full information at www.southglos.gov.uk/MAF, including the principles of the scheme and case studies of previous projects. All organisations must be registered with us. Find out more on the [registration page](#).

Contact us:

For advice and guidance you can contact the Grants Team by,

Phone: 01454 865865

Walk and Talk

For carers in Bristol and South Gloucestershire

Do you look after someone who could not manage without your support and do not receive a payment for it? If so, you may be a carer.

Meet other carers and take a stroll around a local green area close to you at our informal Walk and Talk group. You will get a chance to enjoy being outdoors in the company of other carers.

One of our friendly support workers will lead the walk, offer a listening ear and provide information to support you in your caring role.

To find out more, call us on 07742 291 073 or
Email walk@carerssupportcentre.org.uk

If you care,

A Network Partner of
CARERS
BRISTOL



Two hours of family fun!

**FREE LAUNCH SESSION (BOTH ACTIVITIES)
1ST MARCH 6-8 PM
THEN EVERY OTHER FRIDAY STARTING 8TH MARCH**

ROLLER DISCO & BOULDERING FORTNIGHTLY SESSIONS (6-8PM)



(BRING YOUR OWN SKATES OR BORROW OURS)



**BOTH
ACTIVITIES
INCLUDED IN
TICKET PRICE!**

**VENUE: KINGSMEADOW@MADEFOR EVER,
FISHER ROAD, KINGSWOOD, BRISTOL. BS15 4RQ.**

£10 PER FAMILY OF 4 (£3 EACH ADDITIONAL PERSON - PAY ON ARRIVAL)

CAFE OPEN FOR SNACKS AND DRINKS



Adult Courses 2024

Computer Skills for Everyday Life	The Park Centre	16/09/24	10:00am-12:00pm
IT for Improvers	The Park Centre	16/09/24	12:30pm-2:30pm
Refresh your English Skills	Online	18/9/24	19:00-21:00
Refresh your English Skills	Kingsmeadow@Madeforever	18/9/24	10:00am-12:00pm
FS English	Kingsmeadow@Madeforever	19/9/24	13:00-15:00
ESOL Skills for Life 1	Kingswood Skills Hub	18/9/24	10:00am-12:00pm
ESOL Skills for Life 1	Kingswood Job Centre	16/9/24	10:00am-12:00pm
Refresh your Maths Skills	Kingswood Skills Hub	16/9/24	9:45am - 11:45am
Refresh your Maths Skills	Kingsmeadow@Madeforever	17/9/24	9:30am - 11:30am
Confident Communication	Kingswood Skills Hub	16/09/24	1-3pm
Developing Reading Skills	Kingswood Skills Hub	18/09/24	1-3pm
Universal Learning Skills for work	Kingswood Skills Hub	19/09/24	1-3pm
Crafting for the Community	Kingsmeadow@Madeforever	20/09/24	9:30-11:30
Creative Writing for Wellbeing	Kingswood Skills Hub	17/09/24	13:00-15:00

Click on the Course App QR code opposite to access all our courses and services available. Come to one of our enrolment sessions below to meet us and sign up; you must bring with you photo ID with date-of-birth and proof of address, plus your National Insurance number



Free Course App

Contact:	Anthony: 07768 293842 / anthony.hill@southglos.gov.uk
Website:	southglos.gov.uk/communitylearning
Facebook:	sgloslearning
App:	scl-south-glos.glideapp.io (or scan the QR code)

We welcome you all to join us at

K@M4E

TOTS FAMILY

Meet-up.

Come & enjoy fun, Learning & play activities in a safe and welcoming place whilst making new friends.

For families with children from birth to school age.

- Available disabled toilets
- Baby Changing facilities
- Friendly Cafe on site
- Free parking



Venue: Kingsmeadow @ MadeForever COMMUNITY HUB, CHARITY SHOP, GARDEN & CAFE - Fisher Road, Kingswood, Bristol, BS15 4RQ
Facebook: kingsmeadowmade4ever
www.kingsmeadowmade4ever.org.uk

Charity No.1148905



Fridays, 10am - 12pm

TERM TIME ONLY

Kingsmeadow @ Madeforever also offers variety of wellbeing activities & services for individual, children, family and young people. Come along and have a look around.

For more information

call: 0117 301 87 34

Email: info@kingsmeadowmade4ever.org.uk

website:

www.kingsmeadowmade4ever.org.uk

Facebook: [kingsmeadowmade4ever](https://www.facebook.com/kingsmeadowmade4ever)



Kingsmeadow Crochet Group



EVERY OTHER TUESDAY - 1 - 3PM

If you love to crochet or just enjoy spending some relaxed time with people in your community over lovely cup of hot drink, this group welcomes you to share your knowledge, skills, ideas and learn from each other.

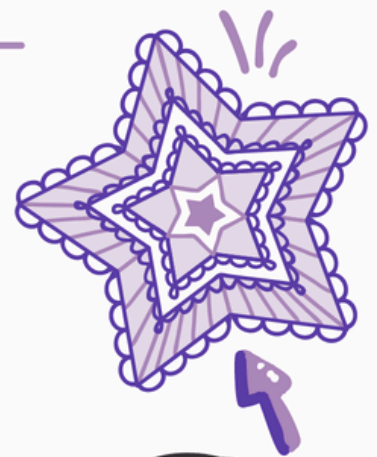
No crochet experience necessary!

For further information please contact us on 0117 301 8734 or info@kingsmeadowmade4ever.org.uk

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Facebook: [kingsmeadowmade4ever](https://www.facebook.com/kingsmeadowmade4ever)
www.kingsmeadowmade4ever.org.uk

Charity No.1148905



Kingswood Swap Shop



**SWAP YOUR UNWANTED
CLOTHES AND BOOKS**

EVERY THURSDAY, 11:30–1PM

STARTS 5TH SEPTEMBER 2024

One item donated and exchanged for another
unless there's a demand.

All items will be quality checked.

.....
HOLY TRINITY CHURCH HALL, KINGSWOOD, BS15 4AB
.....

For more information contact Jess at
jessicabrassington@southernbrooks.org.uk
or on 07969189485

Coffee Morning

Every Monday 10.30am 12.30pm



Would you like to meet people in a friendly relaxed setting?
You are welcome to join our coffee morning!



A coffee morning is a perfect chance to:

- Bring people together in the community
- Discuss ideas & issues
- Expand your social activities, meet friends or catch-up with family over a cuppa.

**And if you wish to stay longer,
lunch is also available at our café!**

Disabled access/facilities available



For further information please contact us on
0117 301 8734 or
info@kingsmeadowmade4ever.org.uk



Venue: Kingsmeadow @ MadeForever COMMUNITY HUB, CHARITY
SHOP, GARDEN & CAFE - Fisher Road, Kingswood, Bristol, BS15 4RQ
Facebook: [kingsmeadowmade4ever](https://www.facebook.com/kingsmeadowmade4ever)
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Charity No. 1148905





WHERE I LIVE SURVEY

2024



scan me

What are your views about where you live?

Help shape future events, activities and services in your local area

Complete the survey for a chance to win a £50 ONE 4 ALL voucher



COMMUNITY SERVICES

POLICE Emergency and high priority: www.avonandsomerset.police.uk/report/
Beat Surgery: Please come along. The team will be delighted to meet you at
Kingsmeadow@MadeForever.

Kingsmeadow @ MadeForever Support: Call 0117 3018734 or
Email: info@kingsmeadowmade4ever.org.uk

DHI (Developing Health & Independence): www.webfam.co.uk

Carers Support Centre: Call 01179652200 or Email walk@carerssupportcentre.org.uk

North Bristol advice Centre: Call 0117 9515751 or www.northbristoladvice.org.uk

Community Learning: Contact Anthony Hill 01454 864613 or Email
Anthony.hill@southglos.gov.uk

Skills Connect: southglos.gov.uk/communitylearning

SGC Directory: www.southglos.gov.uk/search-information-services

Meet the Councillors: New Cheltenham Councillor Matt Palmer will be at
Kingsmeadow@MadeForever Cafe from 10.30 – 11.30am every first Saturday & third
Thursday of the month for residents to raise any local issues with him.

* If you would like to sign up to receive this quarterly Newsletter, please email us on
info@kingsmeadowmade4ever.org.uk



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For more information on whats on at
Kingsmeadow MadeForever
follow us on Facebook.

