

KINGSWOOD CONNECT

Quarterly Newsletter for our community



**Wellbeing
Activities**



**Help &
Support
Services**



**Skills
Development
Courses**



**Community
Events for
Families &
Individuals**



**Police &
Community**



KINGSMEADOW @ MADEFOREVER COMMUNITY HUB



FOR ALL YOUR COMMUNITY NEEDS

Kingsmeadow @ MadeForever is the hub of the community. We are a registered charity aimed at preventing isolation, reaching out to those already in isolation and enhancing wellbeing.

We work with individuals, families and young people facing multiple challenges. We provide a range of services and wellbeing activities for everyone in our community.

Make a Donation

Make a donation today to support people and families who need K@M4E during these challenging times. The knock-on effects of Covid-19, compounded with the economic downturn, and the ongoing huge rises in the cost of living, are responsible for a huge decline in the emotional wellbeing of many people in our community.

By making a donation you can help us bring people back from the brink.

We promise you that your donation will go directly towards crisis prevention, providing essential support packages, food parcels, free hot meals, clothing, and other emergency items, as well as health and wellbeing support to provide some stability in these difficult times.

Thank you for your support.

To donate even more at no extra cost to you simply check the box during the online process to qualify this donation as Gift Aid. You must have paid UK Income or Capital Gains Tax to the value of 28% of your gift.

Answer this online survey and give suggestions about the Kingmeadow @ MadeForever Wellbeing Activities and services.

<https://www.surveymonkey.co.uk/r/8JQXTV8>

For more information contact us on 0117 301 8734

Email: info@kingsmeadowmade4ever.org.uk

Venue: kingsmeadow @ MadeForever COMMUNITY HUB, CHARITY SHOP, GARDEN & CAFE
Fisher Road, Kingswood, Bristol, BS15 4RQ

Facebook: [kingsmeadowmade4ever](https://www.facebook.com/kingsmeadowmade4ever) - website: www.kingsmeadowmade4ever.org.uk

Free
Entry

COMMUNITY
Christmas
PARTY

FRIDAY 13TH DECEMBER 2024
04:30PM-8:30PM

- Santa's Grotto
- Christmas Carol
- Disco & Festive games
- Christmas Raffle
- Arts & crafts
- Christmas Shop
and more

Mulled wine & mince pie, beer, wine for a Donation

For more information contact us on: 0117 301 8739
Email: info@kingsmeadowmade4ever.org.uk

Venue: kingsmeadow @ MadeForever COMMUNITY HUB, CHARITY SHOP, GARDEN & CAFE
Fisher Road, Kingswood - Bristol BS15 4RQ
Facebook: kingsmeadowmade4ever
website: www.kingsmeadowmade4ever.org.uk
Registered Charity No: 1148905



North Bristol
Advice Centre

Money or benefits
problems?

We are Debt and Welfare
Benefits specialists

Call 0117 951 5751 or visit

www.northbristoladvice.org.uk

FREE expert advice in North
Bristol and South Gloucestershire



K@M4E HALLOWEEN EVENT

*Bringing family and friends
together in the fight against
isolation.*



What was on?

We had a range of activities to tire out our amazing children in the community who were ready for action. This included a treasure hunt and thriller dance competition where participants received certificates and medals and not forgetting the most important *sweet treats*.

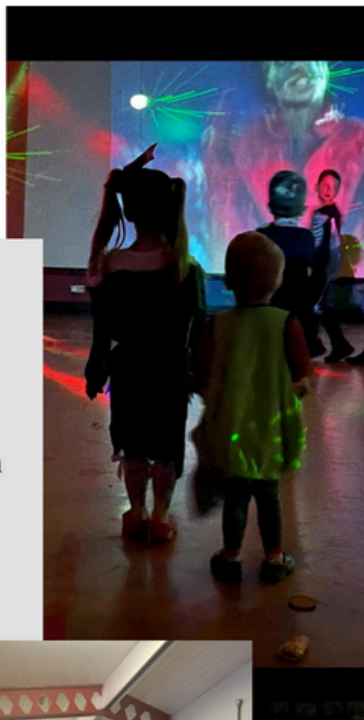
Our cafe was open to enjoy drinks and hot food whilst listening to the talented local musician Mike.



*Saturday 26th
October 2024*

On Saturday Kingsmeadow @ MadeForever, delivered its annual Community Halloween Party.

We had an excellent turn out this year with a staggering 106 attendees.



Other activities included Rock Climbing, Dodge-ball, Disco and an award for the Best Dressed.

We had a raffle with prizes and vouchers donated from some amazing businesses who generously supported this event. We are grateful for every support.



Thank You.

K@ME team would like to say a big "Thank you" to all who attended and to our volunteers who helped make it possible. Thank you to everyone who took the time to give us feedbacks, we are very grateful for your contributions. As well as a thank you to the team for keeping our youngsters busy, and Music Mike for entertaining us all.

ROLLER DISCO AND BOULDERING



**Fournightly sessions-
Fridays
6PM-8PM**

**BOULDERING OPEN-6PM UNTIL 8PM
UNDER 8'S PARENTAL SUPERVISION**

**Cafe OPEN
For snacks
and drinks**

**£10 Per Family of 4
(£3 per each additional person)**

Beginner Skaters 6:15pm-7pm

Intermediates / Advanced Skaters 7pm-8pm

**Bring your own
Skates**

Limited sizes available

**Venue: kingsmeadow @ MadeForever COMMUNITY HUB,
CHARITY SHOP, GARDEN & CAFE**

Fisher Road, Kingswood - Bristol BS15 4RQ

PHONE: 01173018734

EMAIL: info@kingsmeadow4ever.org.uk

Are you looking for something to do?



Do you love the Commons?

Join the **Friends of Siston Commons**

for fresh air and friendship, working with us to help to maintain the beautiful, ancient Commons in Siston.

We meet every Tuesday from 09.30 to 12.30.

Gloves will be provided and all the tools needed.

Please bring a drink and snack.

Wear suitable clothing and footwear!

Training courses are available and are a requirement if using power tools.

We work on all the Commons, so you will be told where we will meet each Tuesday.

You don't have to commit to every Tuesday and if you can only stay for part of the time that is fine!

Please email friendsofsistoncommon@outlook.com and you will be sent a copy of the Constitution and Byelaws which you need to agree to and abide by.

We look forward to hearing from you and welcoming you !

Funds For Local Community Projects



Member Awarded Funding (MAF) is available from South Gloucestershire councillors to support community groups working to help our residents.

Each councillor can allocate up to £1,000 to local projects and services in their ward before **March 2025**.

If you have an idea for a project or service that will help people, [contact your councillor](#) to discuss your plans and to ask for an application form.

Awards can be made to voluntary, community and social enterprise organisations and town and parish councils.

Find out more:

You can find full information at www.southglos.gov.uk/MAF, including the principles of the scheme and case studies of previous projects. All organisations must be registered with us. Find out more on the [registration page](#).

Contact us:

For advice and guidance you can contact the Grants Team by,

Phone: 01454 865865

In South Gloucestershire

A background image showing several people's hands stacked together in a supportive gesture. The image is overlaid with a semi-transparent purple rectangle containing text.

COMMUNITY
IS ABOUT DOING SOMETHING
TOGETHER
THAT MAKES BELONGING
MATTER.

KINGSWOOD POLICING TEAM

To begin I'd like to tell you a little about our team. We are the Kingswood Neighbourhood Policing Team; we are based in the Civic Centre in Kingswood. Our team is made up of 2 Police Constables Jack and Aaron and 3 PCSOs, me - Kay, Christian and Adam. Between us we have many years' experience in policing the Kingswood area. We spend a great deal of time out on the beat engaging with our communities. It is a job that we love and feel privileged to do.

The team had a quiet Halloween – we were on lates, there were lots of children Trick or Treating all having a lovely time. Last night Bonfire night, we received 2 reports, one for a small fire in an underpass and one for Anti-social behaviour at Lidl where unknown youths threw lit fireworks into the Foyer of the shop. Fortunately, no one was injured in either incident and there was no damage to property.

The team recently took part in Operation Harmony. This was a force wide operation, aimed at focusing on opportunities to conduct some proactive policing. During this week, we visited vulnerable members of our community, to check on their welfare and assist them in any way we could. It was a rewarding week for us, and we hope that those we visited had a positive enjoyable experience.



CYBER CRIME

I wanted to talk a little about Online Fraud. Reports of Cybercrime continue to rise with offenders using many ways to con victims out of their hard-earned money. Cybercrime is a term used to cover crimes that. Take place online. Are committed using computers. Are facilitated by online technology. Most cyber-criminals work by engaging you by panicking or stirring up fear or curiosity – for example, you might be told you've won a competition; you owe a payment, or you've missed a delivery. They use different tactics to draw you in which can then make you act in a way that will cause you financial loss, emotional heartache, and leave you devastated. It's really important not to be drawn in by the scammers.

The following tips will help you to stay safe.

- If it seems too good to be true, then it probably is.
- Be on your guard when opening emails or texts, especially from unknown senders.
- If you are concerned a message may not be genuine, take five (minutes to think) and tell two (people you trust).
- Keep up to date on the latest trends. Bear in mind that technology changes quickly – an example being the arrival of Artificial Intelligence (AI).
- Follow the cyber aware guidance of 6 top tips to keep yourself safe online: [Cyber Aware – NCSC.GOV.UK](https://www.ncsc.gov.uk/online-safety).



Please report all incidents of Cybercrime to Action Fraud 0300 123 2040

Non-emergency reporting number is 101. Emergency 999

You can also report online through our website www.avonandsomerset.police.uk

WRITTEN BY Kay PCSO 7837

ACTIVITY FACILITATOR VOLUNTEERS

We are looking for multiple volunteers who would like to:

- CO-ORDINATE/FACILITATE ENGAGING, FUN ACTIVITIES FOR CHILDREN OR ADULTS
- SUPPORT CHILDREN OR ADULTS TO ENGAGE IN ACTIVITIES TO IMPROVE THEIR WELL-BEING.

Scheduled activities with which we need help are:

- Tots Family Activities – weekly on Friday mornings
- Adult Arts & Crafts Activity – weekly on Monday mornings
- Chess Game Activity – weekly on Wednesday afternoons
- Board Games Activity – weekly on Thursday afternoons

We need people with a positive attitude, who are reliable, friendly and supportive. Staff support will be provided.

VOLUNTEERING WITH US PROVIDES YOU WITH OPPORTUNITIES SUCH AS:

- Social engagement with people in a friendly community hub
- Learning new skills and gain work experience
- Use your skills and experience for the benefit of others
- See the value of your contribution to people in your community
- Be part of a family-like team

Interested in joining us?

Please Email us at referrals@kingsmeadowmade4ever.org.uk
Providing a telephone contact number. Following which you will receive an initial call for a further discussion.

South Gloucestershire Community Learning

FREE COURSES



South Gloucestershire Community Learning, run different courses across the South Gloucestershire area. These courses include Maths, English, Digital Skills, ESOL (English for Speakers of Other Languages), Family Learning and Wellbeing.

We are running a number of classes from the Kingsmeadow Madeforever Centre this year. This includes Functional Skills Maths and English. These Maths and English classes offer learners the opportunity to get their Functional Skills level 1 and 2 qualifications to support them with their next steps.

Community learning is all about supporting local residents to develop their knowledge and skills to achieve their aspirations. This could be more involvement with the community, becoming a volunteer or securing a new job. Our courses offer learners the opportunity to learn in venues close to their homes, which we feel promotes inclusion.

If you are interested in attending any of our courses, please contact Anthony at anthony.hill@southglos.gov.uk.



Making Time for Yourself: Join our 'walk & talk' service for unpaid carers

Caring for others can be both rewarding and demanding, often leaving little time for self-care. To help carers find a moment of respite, we're excited to announce the start of our 'walk & talk' group at Kingsmeadow @ MadeForever Community Hub—a great opportunity to take a well-deserved break and connect with others who understand the unique challenges of caring.



This initiative is part of the Carers Support Centre's broader services, aimed at supporting unpaid carers. An unpaid carer is anyone who looks after someone who could not manage without their help – whether it's a relative, a friend or a parent caring for a child with special needs.



The Carers Support Centre is here to ensure that carers receive the guidance, resources, and support they need to manage their caring responsibilities effectively. Starting in September, this group will meet for six consecutive weeks to explore the green spaces around the Kingsmeadow @ MadeForever Community Hub. The pathways and quiet areas along our route provide a calm setting where you can take a break, unwind, and spend time in nature.

It's more than just a walk; it's an opportunity to nurture your wellbeing, both physically and emotionally.

Our 'walk & talk' groups offer a supportive space where carers can share experiences, exchange advice, and unwind in the company of others carers. Whether you're a full-time carer, a part-time helper, or someone who supports a loved one in any capacity, this walk is for you.

Each session is led by an experienced support worker who is there to listen, offer practical advice, and provide information tailored to your needs as a carer.

So why not join us for a leisurely stroll, meaningful conversations, and a breath of fresh air? We look forward to welcoming you this September!

**If you would like to find out
more or to book a place, please
contact us on 07742 291073 or
send an email to
[walk@carerssupportcentre.org.
uk](mailto:walk@carerssupportcentre.org.uk)**

Community Learning Courses

January 2025

Free courses:

- Functional Skills English
- Functional Skills Maths
- Digital Skills
- Upcycling for the environment
- Confident Communication
- Mentoring
- Introduction to Office Admin Skills

Contact Anthony to register your place!

| | | |
|---|-----------|--|
|  | Phone: | 07522218409 |
|  | Email: | anthony.hill@southglos.gov.uk |
|  | Website: | southglos.gov.uk/communitylearning |
|  | Facebook: | sgloslearning |
|  | App: | acl-south-glos.glideapp.io (or scan the QR code here:) |



Funded by:



FOREVER YOUNG PEOPLE MEET-UP



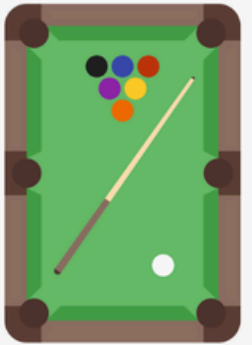
Meet-up sessions designed with full involvement of all participants

- Fun, inclusive and energetic games/sports activities
- Teamwork, self-discipline, good citizenship
- Movie, disco evenings and much more

EVERY MONDAY

Times: 5.30 to 7.30PM

**AGE RANGE:
6 to 16 years**



**Venue: kingsmeadow @ MadeForever
COMMUNITY HUB, SHOP, GARDEN & CAFE**
Fisher Road, Kingswood - Bristol BS15 4RQ

**For more information contact us on
call: 0117 301 8739**

Email: info@kingsmeadowmade4ever.org.uk

**Facebook: [kingsmeadowmade4ever](https://www.facebook.com/kingsmeadowmade4ever)
website: www.kingsmeadowmade4ever.org.uk**



Registered Charity No: 1148905

Skills Connect

Kingsmeadow
MADE-FOREVER
Changing lives together

MONTHLY INFO / ADVICE SESSIONS

Struggling to find

- **Employment?**
- **Access to further education?**
- **Apprenticeships?**
- **Paid or voluntary work?**
- **Training?**

Drop-in Sessions:
First Monday of every month
1-4pm

Skills Connect offers **BESPOKE 1:1 MENTORING** to help you take your next step in your employment journey.



Come along to our **FREE** sessions hosted at Kingsmeadow Made Forever Community Hub, to get started on your road to employment!



kingsmeadow @ MadeForever - Community Hub, Charity Shop, Garden & Cafe
Fisher Road, Kingswood - Bristol BS15 4RQ



For more information contact us on call: 0117 301 8734
Email: info@kingsmeadowmade4ever.org.uk

Facebook: kingsmeadowmade4ever - website: www.kingsmeadowmade4ever.org.uk

Registered Charity No: 1148905

skills CONNECT

- /// Apprenticeship guidance
- /// Careers advice
- /// Handy job sector information
- /// Careers events



Discover skills, training and career support in South Gloucestershire to help you enter work, upskill, progress or understand your options.



Speak to one of our advisors who can help you find the right support.

Call
01454 864613
Visit
www.skillsconnect.org.uk

Skills Connect is funded and managed by the West of England Combined Authority, led by Metro Mayor Dan Norris, and delivered by Bath & North East Somerset, Bristol, North Somerset and South Gloucestershire. In South Gloucestershire, we deliver these services under the Skills Connect 'umbrella':



@works4youthSG
@works4youth

Are you a school leaver, or student and need some career advice or guidance?
Come to our drop in to speak to an Employability & Skills Mentor



- Prepare for life after school
- Create a CV
- Identify and apply for courses
- Build confidence and motivation



Where: Skills Hub, King's Chase Shopping Centre, Kingswood BS15 8LP
When: Tuesdays 2pm to 4pm

STARTS:
TUESDAY 4TH JUNE 2024 @
KINGSWOOD SKILLS HUB

Additionally, if you are post-16 and not in employment or full-time education you may also be eligible for our Works4Youth: Engaging Potential programme. For more information contact Works4Youth on 01454 865009 or works4youth@southglos.gov.uk

Community Learning

☎ 01454 864613 ✉ community.learning@southglos.gov.uk



Free courses* available to people aged 19 and over with few or no qualifications, which are held in venues in your local community.

We offer courses in the following areas:

- English & Maths courses up to Functional Skills Level Two
- English for Speakers of other Languages (ESOL)
- Employability and some vocational qualifications up to Level One
- IT – some courses offer a qualification
- Family learning to support parents/carers with their child's wellbeing and schoolwork
- Wellbeing

We also offer bespoke 1:1 support to help learners access further education, training or apprenticeships, voluntary work and paid work. This service is available to anyone who has attended or is attending a Community Learning course.

Holly Anderson, Transition Coach, Community Learning and Skills Service

(Tel: 01454 868649 Email: holly.anderson@southglos.gov.uk)

Skills Connect

Free one-to-one employability and skills mentoring to help you find work, training or career support options. The website allows you to be referred into all our skills projects.

You need to be:

- Aged 18+
- Unemployed resident in South Gloucestershire

skills
CONNECT

www.skillsconnect.org.uk

Future Bright

Free one-to-one career coaching and support to help you take your next step on your employment journey. You need to be:

- Aged 18+
- Resident in South Gloucestershire
- In paid work including zero hours and self-employed
- Support is tailored to each individual. Level of support may vary depending on individual circumstances

**FUTURE
BRIGHT** ■ Support
▲ Advice
◆ Skills

☎ 01454 866008

✉ future.bright@southglos.gov.uk

Works4Youth: Engaging Potential

Free and one-to-one support to help you find work, training or develop your employability skills through mentoring, workshops and traineeships.

You need to be:

- Aged 16-25
- Resident in South Gloucestershire
- Not currently in employment, education or training (NEET)



☎ 01454 865009

✉ works4youth@southglos.gov.uk

We Work for Everyone

Free and one-to-one support to help you into paid employment.

You need to be:

- Aged 16+
- Resident in South Gloucestershire
- Not in employment
- Have a learning difficulty, disability or Autism (a formal diagnosis is not essential)

WE WORK
for Everyone

☎ 01454 863172

✉ weworkforeveryone@southglos.gov.uk

ICEP (International Communities Employment Programme)

Free one-to-one career coaching with an Employability and Skills Mentor to help find and apply for work, as well as free courses and training to help develop the skills and confidence to progress within employment (this includes ESOL for Work).

To take part in the programme you need to be:

- A South Gloucestershire resident
- Unemployed and looking for work
- On a resettlement programme



☎ 01454 864613

✉ icep@southglos.gov.uk

BINGO



Free, relaxing, fun weekly Bingo session open to all.

Join us for a tea or coffee and a chance to socialise.

Small prizes to be won!

EVERY TUESDAY

Time: 3.00-4.00pm.

**For more information contact us on
call: 0117 301 8739**

Email: info@kingsmeadowmade4ever.org.uk

Venue: kingsmeadow @ MadeForever - COMMUNITY HUB, SHOP, GARDEN & CAFE
Fisher Road, Kingswood - Bristol BS15 4RQ
Facebook: kingsmeadowmade4ever - website: www.kingsmeadowmade4ever.org.uk

Find information website for adults, children and families



Children and families
Family advice, such as childcare and education options, parenting support, and things to do



Adults
Care options for older people, including how to remain independent



Search
Connect with community groups, events and activities in your area



SEND Local Offer
Special educational needs and disabilities (SEND) services and information



Visit our website to find information and advice about services and support available for adults, children and families in South Gloucestershire. www.southglos.gov.uk/IAG

Built by South Gloucestershire Council with local partner organisations.

Community Food Fund

The Community Food Fund aims to support Food Aid organisations working to help our residents to have access to food.

Community organisations can apply for funding of up to £500 per month to help fund additional food supplies or to run public food aid facilities for residents of South Gloucestershire.

Grants can be used as full or part funding or as match funding to cover the costs of food supplies, running costs and volunteer expenses.

Awards can be made to voluntary, community and social enterprise organisations and town and parish councils that have registered and been approved. Find out more about the requirements on our [grants registration page](#).

More information?

For more information on the principles of the scheme and how to apply, go to southglos.gov.uk/community-food-fund

You can email the Grants Helpline for advice on grants@southglos.gov.uk or call 01454 865865, Monday to Friday, 9am to 4pm.



Funds for Community Spaces in South Gloucestershire



Community Welcome Spaces grant funding aims to support community groups working to help our residents to keep warm this winter in community spaces. Grant funding of up to £500 per month is available to organisations who wish to provide a Community Welcome Space on a first come, first served basis.

If you have a community space that you would like to receive funding for, contact the grants team to ask for an application form.

Awards can be made to voluntary, community and social enterprise organisations and town and parish councils.

More information?

For further information please visit <https://beta.southglos.gov.uk/community-welcome-spaces-grant>

To speak to the Grants Team, call 01454 865865, or email your query to grants@southglos.gov.uk

COMMUNITY SERVICES

POLICE Emergency and high priority: [www.avonandsomerset.police.uk/report/Beat Surgery](http://www.avonandsomerset.police.uk/report/Beat%20Surgery): Please come along. The team will be delighted to meet you at Kingsmeadow@MadeForever.

Kingsmeadow @ MadeForever Support: Call 0117 3018734 or Email: info@kingsmeadowmade4ever.org.uk

DHI (Developing Health & Independence): www.webfam.co.uk

Carers Support Centre: Call 01179652200 or Email walk@carerssupportcentre.org.uk

North Bristol Advice Centre: Call 0117 9515751 or www.northbristoladvice.org.uk

Community Learning: Contact Anthony Hill 01454 864613 or Email Anthony.hill@southglos.gov.uk

Skills Connect: southglos.gov.uk/communitylearning

SGC Directory: www.southglos.gov.uk/search-information-services

Meet the Councillors: New Cheltenham Councillor Matt Palmer will be at Kingsmeadow@MadeForever Cafe from 10.30 – 11.30am every first Saturday & third Thursday of the month for residents to raise any local issues with him.

* If you would like to sign up to receive this quarterly Newsletter, please email us on info@kingsmeadowmade4ever.org.uk



www.kingsmeadowmade4ever.org.uk
Kingsmeadow @ MadeForever
Fisher Road, Kingswood, Bristol, BS15 4RQ
0117 3018734
Charity N°: 1148905

For more information on whats on at Kingsmeadow @ MadeForever follow us on Facebook.

