KINGSWOOD CONNECT

Quarterly Newsletter for our community



NEWS & FEATURES

From the Friends of Siston Commons

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Working Together Police & Community

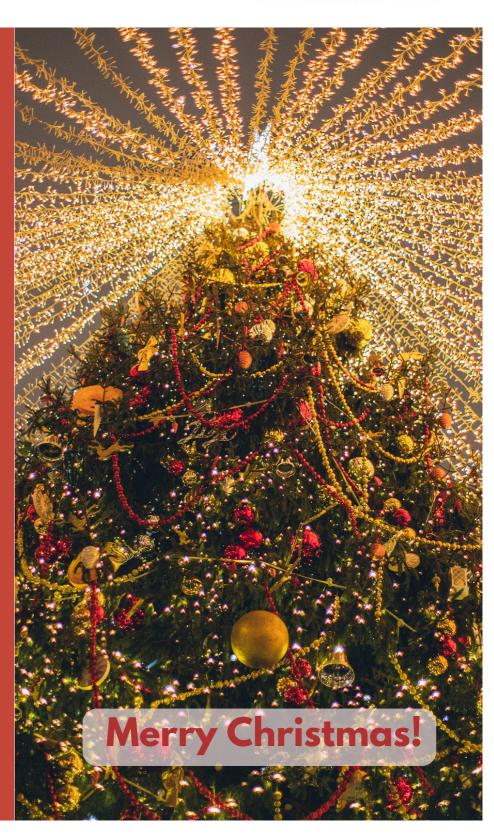
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KINGSMEADOW @ MADEFOREVER COMMUNITY HUB



FOR ALL YOUR COMMUNITY NEEDS

Kingsmeadow @ MadeForever is the hub of the community. We are a registered charity aimed at preventing isolation, reaching out to those already in isolation and enhancing wellbeing.

We work with individuals, families and young people facing multiple challenges. We provide a range of services and wellbeing activities for everyone in our community.

Amazon Smile

We're delighted to let you know that K@M4E has partnered with Amazon Smile. This means that every time you shop on Amazon, using the smile.amazon.co.uk URL and choosing us as your chosen charity, the Amazon Smile Foundation makes a donation to us of 0.5% of the net purchase price of your products - at no extra cost to you!

Sign up to Amazon Smile and select Kingsmeadow at Made Forever as your charity of choice to get started now.

Happy shopping!

Answer this online survey and give suggestions about the Kingmeadow @ MadeForever Wellbeing Activities and services.

https://www.surveymonkey.co.uk/r/8JQXTV8

For more information contact us on 0117 301 8739 Email: info@kingsmeadowmade4ever.org.uk

Venue: kingsmeadow @ MadeForever COMMUNITY HUB, SHOP, GARDEN & CAFE Fisher Road, Kingswood, Bristol, BS15 4RQ

Facebook: kingsmeadowmade4ever - website: www.kingsmeadowmade4ever.org.uk

THANK YOU FROM THE FRIENDS OF SISTON COMMONS



"THIS WILDFLOWER RICH MEADOW WAS CREATED WITH LOCALLY HARVESTED SEED, LOCALLY GROWN PLANTS AND THE HARD WORK OF VOLUNTEERS.

NATURE LOVES THIS KIND OF HABITAT. WE HOPE YOU WILL TOO."

The plague on a post at the new wildflower meadow states:

FOSC thanks all of you who came along on 1st October 2022 to help plant the 10,000 wildflower plug plants on Siston Common at Siston Park. You were AMAZING! The meadow will look beautiful!

We would love to see you again, enjoying the Commons in Siston and helping as volunteers with us. Get fit for free with friends!

Please email friendsofsistoncommon@outlook.com. We meet on Tuesday mornings, 09.30-12.30 and on the third Saturday of the month, same times.

Have you seen these on the Commons?













Orange Tip butterfly, Slow Worm, Hedgehog, Fox, Roe Deer & Green Woodpecker.



Funds for local community projects in South Gloucestershire

Member Awarded Funding (MAF) is available from South Gloucestershire councillors to support community groups working to help our residents. Each councillor can allocate funds up to £3,000 to local projects and services in their ward before March 2023.

If you have an idea for a project or service that will help people, contact your councillor to discuss your plans and to ask for an application form.

Awards can be made to voluntary, community and social enterprise organisations, including Mutual Aid Groups, and town and parish councils.

More information?

For further information please visit www.southglos.gov.uk/MAF where you can view case studies of previous projects and register your organisation for the scheme.

To speak to the Grants Team, call 01454 865865, or email your query to grants@southglos.gov.uk



Funds for Community Spaces in South Gloucestershire

Community Welcome Spaces grant funding aims to support community groups working to help our residents to keep warm this winter in community spaces. Grant funding of up to £500 is available to organisations who wish to provide a Community Welcome Space on a first come, first served basis.

If you have a community space that you would like to receive funding for, contact the grants team to ask for an application form.

Awards can be made to voluntary, community and social enterprise organisations and town and parish councils.

More information?
For further information please visit
https://beta.southglos.gov.uk/communi
ty-welcome-spaces-grant

To speak to the Grants Team, call 01454 865865, or email your query to grants@southglos.gov.uk

WORKING TOGETHER

Avon and Somerset Constabulary

Working together to make the communities of Avon and Somerset be sale and feel sale Call 101 or visit www.avonandsomerset.police.uk









POLICE & COMMUNITY

Welcome to the winter edition of our newsletter.

The Beat team have been busy in the community with several projects over the past several months.

Our PCSO Lauren White heads-up Mini Police, it's a 9-week programme aimed at 8 to 11 years which aims to introduce children to a positive experience of policing and to get them involved in the local community. Lauren has been working with yr5 of the Park School. The mini police have litter picked in Kingswood Park, have learned about first aid, been given the tools to be positive helpful members of society, and Lauren even had them running the Police bleep test.

The team completed a joint educational exercise in partnership with HMRC visiting all shops that have a money transfer facility. It was to provide education to the staff in identifying vulnerable persons who could be scammed. The exercise also educated the staff on how to identify money laundering.

The beat team will be increasing patrols around Kingschase shopping centre during the lead up to Christmas due to an increase in reported shop theft. We know that times are hard but there is no excuse for shop lifting! We have a beat surgery in Kings chase on Saturday 17th December from 10 till 12 please stop and say hello if you are in the area. We are always happy to talk.

If you need to report a crime there are several ways you can do this, 999 if its an emergency, 101 if an immediate response is not required. You can also report on line, via the Avon And Somerset Website, this is often the simplest way to report and it saves waiting in a telephone queue. Please be mindful of Scams, they are everywhere. Do not share your personal details either online or over the phone. Be wary of unsolicited calls texts or emails purporting to be from your bank or phone provider. Scammers are clever and can tie you up in knots. Your bank

The festive season is fast approaching and many of you will going out to celebrate, keep safe, have a great time! Our best wishes to you all, Kingswood Beat Team.

will never ring you and ask you for your

banking details.

BEAT SURGERY

Please come along and see us the team will be delighted to meet you.

Kingsmeadow@MadeForever:

21st Dec 22 24th Jan 2023 / 21st Mar 2023 16th May 2023 / 11th Jul 2023 5th Sept 2023 / 31st Oct 2023 19th Dec

(14:00 - 15:00 hrs)

For more information contact us on 0117 301 8739 or info@kingsmeadowmade4ever.org.uk
Adress: Kingsmeadow @ MadeForever
Community Hub - Fisher Road

COMMUNITY HALLOWEEN PARTY MADE-F

MADE-F REVER
Changing
lives
together

On Saturday 29th October Kingsmeadow @ MadeForever (K@M4E) delivered its annual **Community Halloween event** open for all. It was well attended with 97 people of all ages, including children, adults and over 65's.

As well as a disco, there were lots of activities on for everyone to participate in and enjoy! They included the classic game of apple bobbing and a chance for the children to hunt around the hub and garden for sweets and treats. We also had a piñata which both adults and children enjoyed bashing and letting off steam. The pumpkin patch stomp as well as an eyeball race created much fun for the children and families. The activity that caused the most laughter was 'wrap the mummy' which involved teams to compete against each other to see who was the fastest to wrap their teammates into a mummy.

There were opportunities to win certificates and awards during the evening, the thriller dance competition which was great fun and the best dressed of the evening was taken seriously by participants, adding to the fun.

K@ME team would like to say a big "Thank you" to all who attended and to our volunteers who helped made it possible. Thank you to everyone who took the time to give us feedbacks, we are very grateful for your contributions.







WHAT PEOPLE SAID:

'It was fab for the kids, great fun for all the family'

'Amazing and inclusive for all ages'

'Good party with lots of activities, and a friendly community feel'

Free Wellbeing Sessions





southernbrooks.org.uk/wellbeing oneyou.southglos.gov.uk wellbeing@southernbrooks.org.uk (01454) 868583

This service is run by Southern Brooks Community Partnerships on behalf of South Gloucestershire Council



With free career coaching from Future Bright, Richard gained the skills and confidence needed to rebuild his life, and begin moving towards finding a job suited to his aspirations.

"With regular meetings with the coach, I have always had a positive and proactive route map, as well as feeling in total control of my achievements."

Future Bright offers free, one-to-one career coaching and support to help you take your next step at work.

You are eligible if you are:

- Aged 18+
- Resident in South Gloucestershire
- In paid work (including zero hours and selfemployed)
- Receiving benefits/ tax credits OR earning below the Real Living Wage of £10.90 per hour

Go to <u>www.futurebright.org.uk</u> or call all us at 01454 866008 for more information.







Community Food Fund

The Community Food Fund aims to support Food Aid organisations working to help our residents to have access to food. Grant funding of up to £500 is available to registered and approved organisations to help to fund additional food supplies on a first come, first served basis.

If you would like to receive funding for a Food Aid facility, contact the grants team to ask for an application form.

Awards can be made to voluntary, community and social enterprise organisations and town and parish councils.

More information?
For further information please
visit
https://beta.southglos.gov.uk/com
munity-food-fund
To speak to the Grants Team, call
01454 865865, or email your
query to grants@southglos.gov.uk





Community Learning

■01454 864613 community.learning@southglos.gov.uk

Free courses* available to you that are held in venues in your local community. We offer courses in the following areas:

- English & Maths courses up to Functional Skills Level Two English for Speakers of other Languages (ESOL)
- Employability and some vocational qualifications up to Level One IT some courses offer a qualification
- Family learning to support parents/carers with their child's wellbeing and schoolwork
- *For adults aged 19+ with few or no qualifications; or experiencing other barriers to work.

We also offer bespoke 1:1 support to help learners access further education, training or apprenticeships, voluntary work and paid work. This service is available to anyone who has attended or is attending a Community Learning course. Holly Anderson, Transition Coach, Community Learning and Skills Service

(Tel: 01454 868649 Email: holly.anderson@southglos.gov.uk)

Future Bright

Free and one-to-one career coaching and support to help you take your next step on your employment journey.

You need to be:

- · Resident in South Gloucestershire Aged 18+
- In paid work including zero hours and self-employed
- Receiving benefits/ tax credits -OR- earning below the Real Living Wage
- **01454 866008**
- future.bright@southglos.gov.uk

Works4Youth

Free and one-to-one support to help you find work, training or start your own business. You need to be:



- Aged 16-25
- Resident in South Gloucestershire
- Not currently in employment, education or training

- 01454 865009
- works4youth@southglos.gov.uk

We Work for Everyone

Free and one-to-one support to help you into paid employment. You need to be:

- Resident in South Gloucestershire
- Not in employment
- Have a self-identified or diagnosed disability, learning difficulty or Autism that is a barrier to finding work



- 01454 863172
- weworkforeveryone@southglos.gov.uk

Free personalised one-to-one and group coaching in

Secondary Schools across South Gloucestershire.

We support cohorts of young people facing a range of barriers to learning which could put them at risk of becoming NEET post-16. We work alongside the school to support each identified young person over a 2 term block from Year 9 through to Year 11. The young people work with one of our Employability and Skills Mentors who help explore barriers, aspirations and options, as well as providing high quality information, advice and guidance to help with the transition in to post-16 provision or employment.

Free courses for Primary Schools in South Gloucestershire. We offer:

- 10-week Resilience Skills programme, which provides children with the opportunity to practise, discuss, share and develop their life and learning skills linked with resilience in class.
- Primary Enterprise is a 10-week business skills project designed to raise career aspirations of Key Stage 2 pupils. Children work in school to devise and deliver a smallscale business of their choice and making.
- Family learning courses to support parents and children with learning and wellbeing.

🕓 01454 864613 🖾 community.learning@southglos.gov.uk 🌐 southglos.gov.uk/communitylearning 🖪 @sgloslearning

Kingswood Library

located inside the Civic Centre

Join us for FREE children's

Winter craft activities on

Wednesday 21st December 2:30-3:30pm

Most suitable for primary school aged children





For more <u>information</u> please see a member of staff or contact the library on 01454868006 or email kingswood library@southglos.gov.uk



Craft and a Coffice

Come join us every other Monday between 15:30 and 17:00 and every Saturday between 11:00 and 12:30.

We look forward to meeting you at this free group. Opening times:
Monday, Wednesday, Friday
10.00-5.30pm
Saturday 9.30am-1pm
Library also available during unstaffed
hours using Open Access.
Find more information at:
www.southglos.gov.uk/openaccess



New members welcome to join our adult

BOOK GROUP who meet on the 4th Wednesday of the month from 1:00-3:00pm Please ask staff for more details













Saturdays

2 - 4pm





- Building Confidence • Fun
- . Thriving
- · Creative

Every child deserves an opportunity to creatively express themselves in a thriving space



To register your child or for more information please contact: Bola 0798 3959961 & K@M4E Office 0117 301 8739 or Email: comicnartclub@gmail.com

Venue: Kingsmeadow @ MadeForever -COMMUNITY HUB, SHOP, GARDEN & CAFE Fisher Road, Kingswood, Bristol, BS15 4RQ

Facebook: kingsmeadowmade4ever www.kingsmeadowmade4ever.org.uk

Charity No.1148905





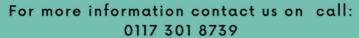
Get some fresh air, explore the local green space area & meet new people. Everyone is welcome!

Interested? Just turn up

Every 2nd Monday and 4th Wednesday of the Month from 10.30am to 12pm

STAY ACTIVE & ENJOY NATURE

Enjoy our Forever Friends Cafe and Garden afterwards for a relaxing drink or food. Free plants in pots available for walk members to take nature home



Email: info@kingsmeadowmade4ever.org.uk

Venue: kingsmeadow @ MadeForever -COMMUNITY HUB, SHOP, GARDEN & CAFE Fisher Road, Kingswood - Bristol BS15 4RQ





Facebook: kingsmeadowmade4ever website: www.kingsmeadowmade4ever.org.uk

Registered Charity No: 1148905

Cafe Now opens on Saturday



Forever Friends Cafe

Our cafe is a friendly, relaxing place where you feel at home.

Whether you are looking to catch up with friends & family, meet new people or have a calm moment over a cuppa, you are welcome!

Cafe provides buffet and catering services





Cafe Opening times: Mon - Sat 10am to 4pm

Our Contact:

0117 3018739

Our Location:

Kingsmeadow @ MadeForever Community Hub Fisher Road, Kingswood, Bristol, BS15 4RQ

Facebook:

kingsmeadowmade4ever

Website:

www.kingsmeadowmade4ever.org.uk

Charity No.1148905

KINGSMEADOW @
MADEFOREVER, FISHER
ROAD, KINGSWOOD
BRISTOL, BS15 4RQ





Make money doing what you love

20th January, 10am - 1pm



We can help you turn your hobby into a business



info@coolventures.co.uk • 0800 041 8293

www.coolventures.co.uk/workshops







COUNCILLORS' SURGERY

Meet your local Councillors for New Cheltenham Ward



COUNCILLOR KIM SCUDAMORE

kim.scudamore@southglos.gov.uk



COUNCILLOR SANDIE DAVIS

Sandie.Davis@southglos.gov.uk

If you need any information or help from your Local councillor, you are welcome to come along to one of our SURGERIES.

3rd Wednesday of the Month 1 - 2pm

at Kingsmeadow @ MadeForever Community Hub.

For more information please contact us on

Email: info@kingsmeadowmade4ever.org.uk call: 0117 301 87 39 or message us on

kingsmeadowmade4ever

Kingsmeadow @ MadeForever Fisher Road, Kingswood Bristol, BS15 4RQ

www.kingsmeadowmade4ever.org.uk

CAFE VOLUNTEER



We Need Help With:

- Serving customers with hot/cold food and drinks
- Taking payments at the till
- Food preparation
- · Keeping cafe areas tidy

Volunteering with us provides you with opportunities such as:

- Socially engaging with people in a friendly community hub
- · keeping your skills and experience active
- · Learning new skills & gain work experience
- See the value of your contribution to people & your community
- Support your community care for the environment
- Be part of a family-like team



INTERESTED IN JOINING US?

Please call or email us

01173018739

volunteering@kingsmeadowmade4ever.org.uk

www.kingsmeadowmade4ever.org.uk



Kingswood, Staple Hill, Mangotsfield and New Cheltenham

Community Engagement Forum Hybrid Meeting Join in Person at Kingswood Civic Centre or Virtually using MS Teams

to discuss what is happening in your community

- Your local Police Beat team
- South Gloucestershire Councillors
- Avon Fire and Rescue service
- Town and Parish Councils



♥ Kingswood Civic Centre

or

To attend online please email: communityengagement@southglos.gov.uk

We want to ensure your needs are met. To find out more, or if you would like this information in any other format, please contact us.

- 01454 868113
- communityengagement@southglos.gov.uk
- www.southglos.gov.uk/CEF



Your voice counts in shaping your community

BECOME A YOUTH WORKER!

We are looking for people with diverse backgrounds interested in becoming a youth worker! To find out more get in contact: info@facecharity.org.uk



"Youth work is important to me because I know from personal experience what a difference it can make. I am thankful for the opportunity to give back and be that support that I had received. My life was changed for the better by my youth leaders and if I can be that for just one young person through what I do, I believe it's worth every second of my time." - EI

BECOME A YOUTH WORKER!

We are looking for people with diverse backgrounds interested in becoming a youth worker! To find out more get in contact: info@facecharity.org.uk



"Targeted Youth Work often feels like soul food. I recall leaving one-to-one conversations about wellbeing, relationships, creative career ideas, and moving forward to a better future with a heart full of warmth. When I started listening carefully to today's youth, I also developed personal life lessons which opened my mind to new ways of thinking about and doing things: the key ingredients for character building."



YOUTH CLUB FOR YOUNG PEOPLE AGED 13-25 WITH LEARNING AND SOCIAL DISABILITIES



VOLUNTEER





We need Help With:

- Customer Service & taking payments
- Shop visual display
- Donations sorting, pricing and stock rotating
- Online sales

Volunteering with us provides you with opportunities such as:

- Socially engaging with people in a friendly community hub
- keeping your skills and experience active
- Learning new skills & gain work experience
- See the value of your contribution to people & your community
- Support your community care for the environment
- Be part of a family-like team

INTERESTED IN JOINING US?

Please call or email us

01173018739

volunteering@ kingsmeadowmade4ever.org.uk

www.kingsmeadowmade4ever.org.uk

ROLLER DISCO



Bi-weekly fun sessions of roller skating disco (bring your own roller skates).

Hang out with family, friends and the community having fun.

Friendly Cafe open on site

Saturdays 12:30 to 2:30 pm

SESSIONS: BI - WEEKLY

Pre-book Sessions

For more information contact us on call: 0117 301 8739

Email: info@kingsmeadowmade4ever.org.uk



kingsmeadow @ MadeForever COMMUNITY HUB

Fisher Road, Kingswood - Bristol BS15 4RQ

Facebook: kingsmeadowmade4ever

www.kingsmeadowmade4ever.org.uk
Registered Charity No: 1148905

What the Community say about Kingswood Connect Newsletter



"Great information for the community. Thanks!"

"It is a lovely bright newsletter with so much information - there are so many opportunities whatever your age!"

We would be grateful if you could complete this online feedback regarding to our Kingswood Connect Newsletter. It will only take few seconds.

Use this link to answer the survey.

https://forms.office.com/r/FLbEbzXr8C



COMMUNITY SERVICES

POLICE Emergency and high priority: www.avonandsomerset.police.uk/report/Beat Surgery: Please come along. The team will be delighted to meet you at Kingsmeadow@MadeForever.

Kingsmeadow @ MadeForever Support: Call 07842 428043/0117 3018739 or Email: info@kingsmeadowmade4ever.org.uk

DHI (Developing Health & Independence): www.webfam.co.uk

Meet the councillors': New Cheltenham Councillors, Sandie Davis and Kim Scudamore will continue to be in the café at Kingsmeadow@MadeForever from 1pm - 2pm of the third Wednesday month for residents to raise any local issues with them.

Wecil: Call us: 0117 947 9911 - https://wecil.co.uk/

North Bristol advice centre: Call 0117 9515751 or www.northbristoladvice.org.uk

Community Learning: Contact Anthony Hill 01454 864613 or Email: Anthony.hill@southglos.gov.uk

National Star College: Contact 01242 527631/ 07837 555329 or Email: steps-enquiries@nationalstar.org

Citizen Advice Bureau: Contact us on 0808 278 7947 or visit https://www.southgloscab.org.uk/

* If you would like to sign up to receive this quarterly Newsletter, please email us on info@kingsmeadowmade4ever.org.uk



www.kingsmeadowmade4ever.org.uk Kingsmeadow @ MadeForever Fisher Road, Kingswood, Bristol, BS15 4RQ 0117 3018739 Charity N°: 1148905