Community Services

POLICE EMERGENCY AND HIGH PRIORITY CALLS www.avonandsomerset.police.uk/report/

KINGSMEADOW @ MADEFOREVER SUPPORT Call 07842 428043/ 0117 3018739 or email info@kingsmeadowmade4ever.org.uk

ONE YOU SOUTH GLOS Call 0145 865337 or https://oneyou.southglos.gov.uk/

DHI (Developing Health & Independence) www.webfam.co.uk

EVENT AT KINGSCHASE SHOPPING CENTRE ONE WEEK WINTER WARMER - From 16/11/2020—10/11/2020

SOUTHERN BROOKS https://southernbrooks.org.uk/wellbeing

CREATIVE YOUTH NETWORK Call 0117 947 7948 or <u>WWW.CREATIVEYOUTHNETWORK.ORG.UK</u>

NORTH BRISTOL ADVICE CENTRE call 07731 842763 or www.northbristoladvice.org.uk

FUTURE BRIGHT call 01454 866008 or www.westofengland-cagov.uk/futurebright

COMMUNITY LEARNING Contact Mark Lawrence: 01454 864613 or mark.lawrence2@southglos.gov.uk

KINGSWOOD LIBRARY Call 01454 868006 (Monday to Thursday 8:45am - 5:00pm; Fridays 8:45am - 4:30pm) <u>www.southglos.gov.uk/eresources</u>

* If you would like to sign up to receive this quarterly Newsletter, please email us on info@kingsmeadowmade4ever.org.uk



www.kingsmeadowmade4ever.org.uk
Kingsmeadow @ MadeForever
Fisher Road, Kingswood, Bristol, BS15 4RQ
0117 3018739
Charity Nº: 1148905

"All editing, artwork and printing deemed correct at time of publishing, and **Kingsmeadow @ Madeforever** plus staff and volunteers, cannot be held responsible for any errors, or misrepresentation therein"

KINGSWOOD CONNECT



MORE NEWS, MORE EVENTS, MORE CARE.



FOR ALL YOUR COMMUNITY NEEDS



KINGSMEADOW @ MADEFOREVER COMMUNITY HUB



FOR ALL YOUR COMMUNITY NEEDS

Kingsmeadow @ MadeForever is the hub of the community. We are a registered charity aimed at preventing isolation, reaching out to those already in isolation and enhancing wellbeing. We work with individuals, families and young people facing multiple challenges.

We provide a range of services and wellbeing activities for everyone in our community.





We would be really grateful if could answer this online survey and give suggestions about the Kingmeadow at MadeForever Wellbeing Activities.

https://www.surveymonkey.co.uk/r/8JQXTV8

Fisher Road, Kingswood, Bristol, BS15 4RQ - Phone: 0117 3018739 www.kingsmeadowmade4ever.org.uk

Dear Kingswood,

Things have been fairly busy for us as a beat team. We have been keeping on top our list of wanted offenders linked with warrants issued. We have also been drawn into assisting our colleagues on the response teams with dealing with the demands of resourcing 999 calls.

Part of our work is safe guarding some of our most vulnerable residents. There have been some offences whereby the elderly have been targeted by fraudsters using distraction techniques at cash points.

Please can you pay attention to any suspicious activity and look out for our elderly residents. We are targeting our patrols in relation to this, but we cannot be everywhere at once and would appreciate your help.

A reminder to those persons, especially young people, using electric powered scooters (Powered transporters). They are illegal to ride on the pavement and on the road. Police have powers to seize these under the legislation of No Insurance.

We would like to thank the people of Kingswood for continuing to help the police. Without the help of the public we would not be able to bring our offenders to justice.

Take care out there and we'll see you on the Beat Kind regards

> Aaron Ashforth PC 2011 Kingswood Neighbourhood Team

SOBER SOCIAL





Are you in recovery and abstinent from drugs' and alcohol?

Would you like to meet people who feel similar to you?

You are invited to join us at Kingsmeadow @ Made Forever for a time of relaxing socialising; meeting others to have a chat, play POOL, board games or cards while enjoying quality coffee, teas, snacks and cakes.

South Gloucestershire Drug & Alcohol Service

Every Monday 12:30 -14:30 free Entry. Drop In. @ Fisher Road. Kingswood, B\$15 4RQ

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Community Essentials Support

Please Help us support people in the community by donating Essential items such as:

- Dry Food cans, tins, packages
- Hygiene Items such as toothbrushes, toothpaste, bath/shower gel, body lotion, toilet paper, sanitary towels...etc

We kindly ask for unopened items only please
We also take Clothing and Household items donations. Please Speak to a
member of staff for this type of donation.

K@M4E Team

Thank You!



WORKING TOGETHER

Avon and Somerset Constabulary
Working together to make the communities of Avon and Somerset be safe and feel safe
Call 101 or visit www.avonandsomerset.boilce.uk



POLICE & COMMUNITY

BEAT SURGERY @ MADE



You are welcome to speak with your price team about issues that concern you.

05 November 202010 December 2020

13.00 - 15.00hrs

FISHER ROAD, KINGSWOOD BRISTOL, BS15 4RQ TEL: 0117 3018739

www.kingsmeadowmade4ever.org.uk

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Tabernacle Trustees View First Steps

Members of the Whitfield Tabernacle Trust have recently been able to access their 18th century Grade I listed to examine the 'urgent works' that have been completed as the first step to bring the building back into community use. The work, that included the securing of window spaces with new lintels, was necessary to prevent further deterioration, and to make the building safe for the stabilisation work that is expected to start later this year. The works are being funded by the West of England Combined Authority (WECA) through its 'Love Our High Streets' fund, and are the first repairs to be carried out on the fabric of the building since the Trust acquired the Tabernacle in 2019. Chair of the Tabernacle Trustees, The Revd. Anthony Hick said 'Although the ultimate aim of our Trust is to develop the Tabernacle as a useful community building, our first priority has always been to save the building from further deterioration. The urgent work completed in July is an important first phase in saving this significant part of Kingswood's history'. The Trust is keen for local people to become members to help shape how the Tabernacle is developed, and is particularly keen to hear from anyone who has any memories of having used the building before it closed.

Contact Kim.Scudamore@whitfieldtabernacle.org or call 0117 932 2723







01454 864613

⊠ community.learning@southglos.gov.uk

South Gloucestershire

Community Learning and Skills Service

*FREE COURSES IN KINGSWOOD

Computing and Digital Skills

IT for Work: Madeforever Centre,

Wed 12.30 to 2.30pm. Starts 30th September; runs until 9th December (10 weeks)

Enalish

Refresh your English Skills: <u>The Park Centre</u>, Weds 10 to 12 noon. Starts 23rd September; runs until 9th December (11 weeks)

Refresh your English Skills: The Park Centre,
Weds 1 to 3pm Starts 23rd September; runs until 9th December (11 weeks)

ESOL (English for Speakers of other languages)

(ESOL) for Communication: The Park Centre,

Wed 9.30 to 11.30am. Starts 30th September; runs until 9th December (10 weeks)

Into Work

Introduction to Childcare: Warmley Community Centre.

Thurs 12.45 to 2.45pm. Starts 1st October; runs until 17th December (11 weeks)

Introduction to Study Skills Workshop: The Park Centre,

Thurs 12.30 to 3pm. Starts 1st October; runs until 17th December (11 weeks)

Introduction to Working in Schools: Warmley Community Centre,
Thurs 9.30 to 12.30pm. Starts 24th September; runs until 22nd October (5 weeks)

Manual Handling Awareness: Warmley Community Centre,

Mon 9.30 to 12.30am. Starts 28th September (1day)

Maths

Refresh your Maths Skills: The Park Centre,

Tues 9.30 to 11.30am. Starts 29th September; runs until 15th December (11 weeks)

Problem Solving: Venue TBC,

Day/Time TBC. Starts November 2030 (5 weeks)

Wellbeing

Building Resilience-Skills for Life and Learning: Madeforever Centre,

Tues 9.30 to 11.30am. Starts 29th September; runs until 15th December (10 weeks)

Life after Lockdown- Supporting your Family's Wellbeing: Madeforever Centre, Thurs 10 to 12.30pm. Starts 1st October: runs until 22nd October (4 weeks)

Taking the stress out of Money Management: Madeforever Centre,

Fri 10 to 12 noon. Starts 20th November, runs until 4th December (3 weeks)
Thurs 10 to 12 noon. Starts 21st January 2021; runs until 18th March (8 weeks)

* For adults aged 19+ with few or no qualifications or experiencing other barriers to work





Can You Help Shape Dementia Support in South Gloucestershire?

We're looking for people living with dementia and their carers to work with us, a small community focussed organisation, to bring lasting changes. Working together, we hope to help the wider community who live with dementia as part of their daily lives by:

- finding the best way to support them into volunteering opportunities - because we don't believe dementia marks the end
- finding the best way to support them to come to terms with their diagnosis - because they are the ones experiencing this.
- planning how best to run our memory cafes and other social outreach, now through online/teleconferencing and post Covid-19 - because life goes on.
- you telling us how the SGDFC can support your inclusion in the community and support during and post Covid-19 - because it's your community too.

Get in touch with Winsome to find out more at dementia@southernbrooks.org.uk / 01454 868570

Registered Charity 1157061 01454 868 571

www.southernbrooks.org.uk . Dementia Friendly Communities dementia@southernbrooks.org.uk



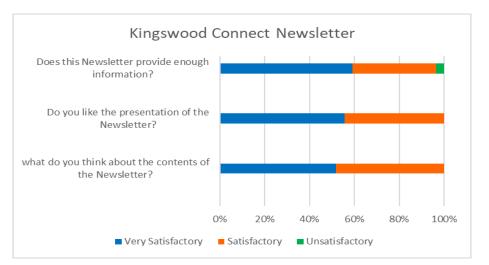
Created by Developing Health & Independence (DHI), www.webfam.co.uk is an online tool for the families and carers of people with a drug or alcohol problem.

webFAM encourages you to think about your own needs, the stresses and strains that may be causing you difficulties with your mental health, housing, finance and more, and then points you in the direction of the right support for you. Research has shown that it takes on average 7 years for a family member or carer to seek help for themselves, and by that time problems have often spiralled. With webFAM, you can get the early support you need to make sure that you are always able to do the right thing for your loved one.

Facebook: /DevelopingHealthIndependence

Twitter: @dhi online

What the Community say about:



We would be grateful if you could complete this online feedback regarding to our Kingswood Connect Newsletter, USE THIS LINK TO ANSWER THE SURVEY:

https://www.surveymonkey.co.uk/r/RXLTFY3

Citizens Advice South Gloucestershire South Gloucestershire helps give people the knowledge and confidence they need to find their way forward whoever they are, and whatever their problem.

We offer confidential advice to anyone, for free on a range of issues including welfare benefits, employment and debt. Due to government guidance we are currently operating a Telephone Advice service only.

We have a local number 01454 334961 which people can call for advice 10am - 4pm Monday to Friday. The National Adviceline number 03444 111 444 is also available 9am - 5pm Mon - Fri.

We welcome you all to join us at K@M4E Tots Family Meet-up.

Children from birth to school age. It is fun, safe and welcoming place to visit whilst making new friends. Come and join us for play, arts & crafts, refreshments, songs and story time.

- Available disabled toilets
- Baby changing facilities
- Friendly Café on site
- Free parking available





Kingsmeadow @ MadeForever also offers variety of wellbeing activities & services for Individual, children, family and young people. Come along and have a look around.

Starts **3rd Nov**

For more information Contact: 0117 301 8739

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Email: info@kingsmeadowmade4ever.org.uk www.kingsmeadowmade4ever.org.uk



Future Bright offers free career coaching, training and support.



It is available for residents living in South Gloucestershire, Bath & North East Somerset and Bristol who would like to progress with their careers and help remove barriers which may be holding them back.

Criteria for the Future Bright scheme has also been adapted to help you if your job or income has been significantly affected by coronavirus.

Find out more at: www.westofengland-cagov.uk/futurebright or email: future.bright@southglos.gov.uk or call 01454 866008.



If your work or income has been affected by the coronavirus outbreak, Future Bright is here for you. We can support you with one-to-one career coaching to get things back on track.

What will I get?

- Support: A dedicated career coach
- Advice: Practical help to take control of your work and pay
- Skills: Training and development designed around you

Future Bright works with residents in Bristol, South Gloucestershire and Bath and North East Somerset, aged 19 or over, in paid work (including zero hours and self-employed) and receiving benefits or tax credits. Future Bright has been expanded to support people whose work and income has been affected by coronavirus.

The service is managed by the West of England Combined Authority and delivered by Bath & North East Somerset, Bristol and South Gloucestershire Councils.

Is this for me? How do I get in touch?

Visit

www.futurebright.org.uk



01454 866 008



future.bright@southglos.gov.uk













HAVE YOUR SAY about living in Kingswood

With the impact of COVID 19 on our lives and local economy, there couldn't be a better time for the community to come together to shape our future.

To help achieve this, we're developing a Kingswood Community Plan with resident voices at the heart. This new plan will also help attract investment to our area.

Take the Survey

We want your views on local services, community activities and the issues that matter most to you. The survey is anonymous and takes about 15 minutes to complete.

Short of time? Just answer the questions most important to you

Online Survey

www.surveymonkey.co.uk/r/KingswoodCommunitySurvey

Paper Survey Points

You can pick up or drop off a paper version of the survey at these locations from 1st - 16th October 2020

- Kingsmeadow@MadeForever
- Kings Chase Shopping Centre
- Kingswood Leisure Centre
- Kingswood Library

SURVEY PRIZE DRAW

Chance to WIN shopping vouchers worth £25 (x3), £50 (x2) or £75 (x1) Winners will be notified by 30th October 2020 | Closing Date:16th October 2020

For more info: info@cvs-sg.org.uk www.facebook.com/groups/connectingkingswood



STARTING A GROUP SUPPORT SERVICE



Would you like to start up a social engagement or wellbeing activity group that will benefit members of the community?

Kingsmeadow @ MadeForever community Hub is a place for you!

MUTER

Mon - Fri (10am - 4pm)

Our dedicated staff would love to hear from you!

Contact us to book an initial discussion session.

Contact Number:

Tel: 0117 3018739

info@kingsmeadowmade4ever.org.uk

<u>Addres</u>

Fisher Rd, Kingswood, Bristol, BS15 4RQ

Visit our website:

www.kingsmeadowmade4ver.org.uk

As part of the ONE YOU South Gloucestershire Health and Wellbeing Service, the Southern Brooks wellbeing team host wellbeing workshops available to book online, to help find small steps to make improvements to your overall sense of feeling comfortable, healthy, or happy.

This autumn 2020, you can join us online, for the following sessions: Art for Wellbeing; Self-care; Meditation; Creative writing for wellbeing; Photography for wellbeing; and 5 ways to wellbeing.

See what interested you and book your workshop space on https://southernbrooks.org.uk/wellbeing





Kingswood - Your library welcomes you back

Things may look a little bit different, but we are pleased to be able to offer services in a safe environment.

Self-service borrowing so you can choose your own items

From 7 September in 11 libraries between 10am and 4pm on usual open days and Saturday mornings from 9:30am you are welcome once again to come and choose from our shelves.

All you need to do is bring your library card with you to use the self-service machines, and a face covering, as you now need to wear one in the library unless you are exempt.

Order ahead using Click and Collect and we will choose for you

"We tried click and collect ... this week and I'm really happy with what they've chosen for us"

You can order up to 6 items to collect at a pre-booked time of your choice. Simply complete a Click and Collect webform for the library you will collect from online anytime at sglibraries.eventbrite.com or call 01454 865022 Monday to Friday 10am – 4pm; Saturday 9:30am – 12pm and speak to a member of library staff.

Use our computers, scan and print

You can use the computers or Wi-Fi when you use the library if there is space or to guarantee use of a computer or hotspot you can book one in advance by phoning 01454 865022 Monday to Friday 10am – 4pm; Saturday 9:30am – 12pm. You will need to wear a face covering unless you are exempt.

Photocopying is also available in most libraries.

Find more information on our website, www.southglos.gov.uk/librarychanges.









How we can help

We work in communities across South Gloucestershire to make sure EU nationals apply to the EU settlement scheme (EUSS) before the Brexit deadline, so that you can continue to access services, benefits, healthcare and live, work, and study in the UK.

Our priority is your continued access to your rights in the future, so that your life is as minimally affected by Brexit as possible.

We provide tailored support to individual cases, talking you through your concerns and options to best protect your rights for the future.

If you are unsure whether the scheme applies to you, your family or someone you care for, you would like more information, or would like to be referred to an adviser for direct support with an application, please get in touch.

Who should apply?

If you, your family member (including your child) is from an EU /EEA country/ Switzerland, or you care for someone who is, you should apply. For a more detailed list of eligible people, please contact us.

Volunteer Community Ambassadors

If you speak a second European language and would like to support your European community in South Gloucestershire as a community ambassador, providing information and translation support about the EUSS, please get in touch.

No formal qualifications are required, training is provided.

Especially urgent are applications from Romanian, Polish, Estonian & Slovak speakers.



Worried about Brexit?

ARE YOU WORRIED ABOUT HOW BREXIT WILL AFFECT YOUR RIGHTS (OR YOUR FAMILY) IN THE UK?

We are here to help.

For free support and information for EU nationals, contact:



www.southernbrooks.org.uk/brexit/tamarasmith@southernbrooks.org.uk

Tel: 01454 868570 07929 787 473





Grow Forever Garden



We would love for you to get involved!

Looking to meet new people, learn new gardening skills & enjoy some green space?

Everyone is welcome to join our FREE Grow Forever Garden activities.

Tues - Fri (10am - 3pm)

We also welcome donations:

- plants,
- fruit trees,
- . compost,

- fencing wood,
- wood posts,
- garden canes and
- other garden tools/materials.

Friendly café on site!









FOR MORE INFORMATION CONTACT 0117 3018739 or

Email: info@kingsmeadowmade4ever.org.uk

KINGSMEADOW @ MADEFOREVER CENTRE, FISHER ROAD, BS15 4RQ





FREE, expert Debt and Welfare Benefits advice for North Bristol and South Glos

07731 842 763 / 07595 047 278 www.northbristoladvice.org.uk



Creative Youth Network are continuing to offer online support for young people through virtual youth clubs and short courses. In addition to this from July our detached youth work team will be out and about in the local area on Tues and Thurs evenings 7-9pm. They will be checking in with young people's safety and wellbeing during this time, and offering advice. If you see them, do say a distanced hello.

JACK.FITZSIMMONS@CREATIVEYOUTHNETWORK.ORG.UK
WWW.CREATIVEYOUTHNETWORK.ORG.UK

0117 947 7948



WECIL is launching a new Check in and Chat Service for members of our community in response to the Covid-19 crisis and funded by Bristol City Council.



The service is aimed at disabled adults or those with long term health conditions who are feeling isolated and would like someone to talk to. Covid-19 has disproportionately affected disabled people in many ways including loneliness, isolation and extended shielding. We want to support people to make positive connections by linking them with a volunteer 'Telefriender' who will lend a supportive ear. People will receive weekly phone calls, for 6 weeks, to help tackle the isolation they are feeling.

To receive a weekly phone call you can refer yourself via:

Online form https://bit.ly/WECILCheckinandchat
Or contact Charlotte on: 07973686389

<u>Charlotte.Heath@wecil.co.uk</u>