Kingsmeadow

For all area residents - Knightstone, Merlin, Guiness, private tenants, owners!

In this edition:

- Community Safety Group latest
- Community Survey coming your way!
- Kingsmeadow's great summer of '13
- September at the Community Flat
- Free courses
- Meet your Police Commissioner
- The Council wants to hear from you!

Community Safety Group Update

Knightstone has ordered the staggered barriers that are going to go in at the top of Gilpin to help prevent motorbikes speeding onto the green. They are going to be made up and then installed in approximately 4-6 weeks.

We are still finalising our paperwork with the Council for putting the traffic-calming planters on Gilpin. We are also still chasing the Council for some advisory 'keep clear' markings at the top of Gilpin and for bollards to close off the cut through between Gilpin Close and Craddick Close.

Not liking the street lights going off at midnight?

Tell your councillors (Bill Bowry on 01454 864100 or Pat Apps on 01454 864 057) or tell someone at the Flat and they will take your opinions to the next Safer Stronger meeting.

Newsletter

September 2013

Community Survey finding out what matters to you in your community

This autumn, Knightstone, Merlin and the Community Flat will do a door-to-door survey of Kingsmeadow.

We want to know what matters to you in your community and how we can help you make the changes you want.

How happy are you living in Kingsmeadow?

How can we help you improve your

- Health and Wellbeing
- Employment and Education
- Environment

for you, your family, your neighbours.

Katie, Ceri and Emma will be by to ask in October. If you aren't home, we'll leave the survey in you post box.

Let's work together to make Kingsmeadow a great place to live.



These photos are from the summer Dreamscheme activities provided by the Kingsmeadow Flat.

Hope they bring back some happy memories as school starts again!



Autumn at the Community Flat!

New! Buggy Walks

Every other Wednesday at 10 starting Wed 11 September

Tired of staying indoors? Are you unsure what activities there are to do with your baby? Does your little one need some fresh air? Feel like getting fitter? Why don't you come along on one of our FREE buggy walks? No need to book, just turn up. See you there!

Jog on!

A friendly jogging group for all ages and abilities. Meet new people and get fit at the same time! Led by licensed run leaders and a personal trainer for fitness advice and tips. Completely FREE - all you need is water bottle and a pair of trainers! Call Dean on 07730 005656.

After school homework club

Mondays 4 – 5:30

A fun learning group for children aged 7 - 11 and their parents. Help with homework, fun learning games and quizzes to get your child confident and up to speed! Qualified teacher to help with phonics, reading and writing. FREE including healthy snack.

Toddlers and Parents Stay and Play

Wednesdays from 10 - 11:30.

Families with tots aged 0- 5 years can enjoy messy play, story and rhyme time, crafts and games. Spaces available! Supported by Sure Start.

Housing officers' surgery

Housing issues? Come speak to Knightstone's and Merlin's housing officers. Both are available every 3^{rd} Thurs of the month from 2 - 4pm. Next date: Thurs 19 Sept.

Job Club

Monday morning from 10. One-to-one support, cv writing, job searching, help with online applications & job sites. Just drop in! For more information call Karen Brasier 07905598165.

Work skills & confidence training for job seekers

Level I & 2 certification available. 10 free driving lessons with every completed course!

CV writing and Universal Job Match help

Use our laptops and free WiFi to find jobs, complete job applications and write CV's without the pressure of doing it alone. Use the support and guidance of qualified tutors and volunteers to help you feel at ease! Ring Rinku on 07746795003.

New! Stop smoking help!

From 26th September onwards, a specialist advisor will be at the Flat on Thursdays to offer stop smoking support. With this free local service on your side you're up to four times more likely to quit for good.

Kingsmeadow Flat needs YOU!

The Flat's active volunteer programme is looking for more lovely people to join in! As well as general volunteers (especially people with health and wellbeing interests), we are looking for a handyperson and also a Treasurer and Secretary for the Flat's Board. Volunteering helps us, helps your community, and helps you build your skills and confidence!

For more details on anything above, call Ceri or Jane at

Kingsmeadow Community Flat

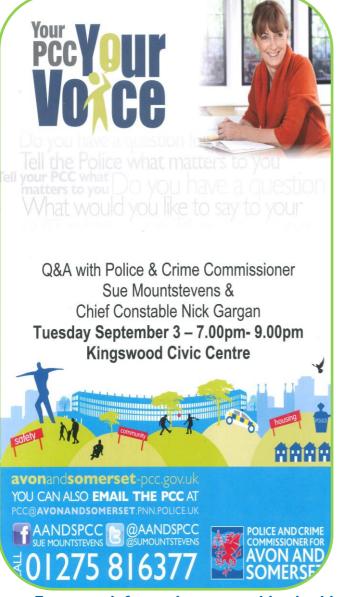
19 Barrington Close, Kingswood BS15 4QD

Free courses!

South Glos Community Learning Service offers a range of FREE part-time courses in community venues to help you:

- Gain a qualification
- Improve job skills
- Help your children's learning
- Become more involved in your local community.

For more information, go to www.southglos.gov.uk and type 'community learning prospectus' in the search box. Or you can call 01454 864613 or email community.learning@southglos.gov.uk to get one sent to you. They are available in English and other languages.



Did you know...?

The Council wants to hear from you about what you know and what you think about their engagement networks. These are the networks that help you get involved in making decisions with the Council. They are particularly interested in hearing from you about the

- Local area forums
- Safer Stronger Groups
- Community Lead group in priority neighbourhoods.

Never heard of any of these groups? They want to know that too!

You can give the council your views by

- Completing their online survey 'Review of Local Engagement Mechanisms and Decision Making' at www.southglos.gov.uk
- downloading a copy of the survey to fill out and post back to them,
- emailing consultation@southglos.gov.uk or
- calling 01454 868154

For more information on anything in this newsletter, or to submit something for the next one, please contact:

Katie Scaife Community Worker 0117 984 8107

Email: Katie.scaife@knightstone.co.uk





