

Kingsmeadow

For all area residents - Knightstone, Merlin, Guinness, private tenants, owners!

READ ME

for all the latest on exciting new, upcoming and ongoing community activities!



News Flash!

December 2012

The February Dreamscheme is coming - and the theme is... Spring into a healthy year!

To help get the community allotment growing, Dreamschemers will plant the seeds for a wonderful harvest next summer. There will be a choice of flowers, vegetables and herbs to grow so you'll be sure to get something you like!

But don't let the kids have all the fun! The garden still needs adult helpers.

Green-fingered already or wanting to learn, the community allotment is **the** place for anyone who wants to grow, share, and eat well in 2013!



Interested? Come for a coffee at the Community Flat on **Monday 14 January at 1:30** to get this garden started!

Little ones are welcome at meetings too! There will be supervised play for them while the adults drink tea and make plans.

Community Safety Group keeps making things happen!

Speeding on our roads and footpaths making you feel unsafe? Concerned about going out at night? You can do something!

The Community Safety Group has already got several projects underway. We work together with the police and the council to plan solutions to local problems.

It's very informal. Anyone living in the area is welcome – as long as you're prepared to DO, not just talk!

The next **Community Safety meeting** will be at:

Kingsmeadow Community Flat
Friday 18 January 2013
10:30 – 12:30

See you there!

Happening at the Community Flat!



Toddlers and Parents Stay and Play!

At home with a little one? Come to the **Stay and Play** group every **Wednesday from 10 – 11:30**. Supported by Sure Start, families with tots aged 0- 5 years can enjoy messy play, story and rhyme time, crafts and games. Spaces are still available! Please contact Jane or Janet at the Community Flat.

FREE Volunteer training

Every Monday, 4.30 - 6.30pm for anyone living locally. Just turn up, meet new people and find out how to get involved in your community.

Helping hand project

Are you a helping hand people can rely on? Have time on your hands and want to help others? The helping hand project is for you! We are looking for people to help with simple jobs like grass cutting, rubbish clearance, winterizing gardens, path clearing, carpet cleaning, and light home help. Free training and support to make sure you're all ready to go. Call the Community Flat to find out more.

Free driving lessons!

With any Driver unemployment skills training. Complete a 3 day course and receive 10 free driving lessons. You need to be 19 years and over, claiming benefits and unemployed - spaces available, book first with Alan 07873649180.

For more details on anything above, call Ceri or Jane at

Kingsmeadow Community Flat
19 Barrington Close, Kingswood BS15 4QD
0117 904 8425 info@kingsmeadowflat.org.uk

For more information on anything in this News Flash, contact

Katie Scaife

Community Empowerment Officer

0117 984 8107

Email: Katie.scaife@knightstone.co.uk

